# Medical Staff News

Newsletter for the Medical Staff of Greenwich Hospital | June 2024

Yale NewHaven Health Greenwich Hospital

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From the desk of the CMO

### **Summer Happenings**

Karen Santucci, MD, Chief Medical Officer

Dear Mighty Team,

As we make our way into the summer season, I would like to share with you some exciting news and important dates to remember in the coming weeks.

First, please join me in congratulating Dr. Sandra Wainwright who was recently named as the next president of the Undersea Hyperbaric Medical Society. Dr. Wainwright is currently the medical director of our Hyperbaric and Wound Healing Center. Congratulations Dr. Wainwright!

I would also like to bid a fond farewell to Nancy Ryan, RD, inpatient diabetes coordinator and education specialist, who will retire this month. Wishing you the best, Nancy!

Also, there are important dates and events coming up quickly that I'd like you to be aware of. On June 23, from noon – 3 pm, we will hold a celebration of our Level III Trauma Center designation. (See more information in this newsletter). This is quite an accomplishment, and I hope you will be able to join in the celebration.

Plus, earlier this year, we announced the *Jack and Miriam Zwas Youth Access Summer Internship* program for Port Chester High School students. This immersive and interactive five-day introduction to the field of health takes place this year from July 15 – 19, 9 am to 3 pm each day. The students' program schedule will provide a broad overview of potential work and career paths. Please consider being a part of this exciting week. Let me know how you or your team or unit may be able to participate as well as your preferred day and time during that week.

Finally, mark your calendars for Thursday, Aug. 1, for the annual Spike Lipschutz Quality Barbeque – more details will be available soon.

While we have a busy summer ahead, I do hope you will find some time to relax and unwind with family and friends this season. Have a safe and rewarding summer!

Thank you,

Karen

## **GH** president announces retirement



Diane P. Kelly, DNP, RN, president of Greenwich Hospital and chief nursing executive for Yale New Haven Health, has announced her plans to retire in January 2025.

Diane began her healthcare career at the Berkshire Medical Center as a staff nurse, moving into various clinical and

leadership roles. She was promoted to chief operating officer in 2008 where she remained until coming to Greenwich Hospital as chief operating officer a decade later.

Diane took the helm of Greenwich Hospital in June 2020 at the height of the pandemic, consistently expressed her steadfast commitment to the safety of both our patients and staff alike, leading with calm and reassurance. She has been an advocate for advancing our mission as an academic health system and has brought new technologies, programs and physicians to Greenwich Hospital, enabling patients to access care not typically available in a community hospital setting. She has overseen growth in several key specialty areas including neuroscience, oncology, urology, psychiatry and behavioral health, heart and vascular, women and children's health, and emergency care – with the most recent accomplishment being Level III Trauma Center designation.

Many thanks to Diane for her many accomplishments, contributions and service to our Health System.

# Greenwich Hospital verified as a Trauma Center by the American College of Surgeons

Greenwich Hospital has been verified as a Level III Trauma Center by the American College of Surgeons Committee on Trauma (ACS COT) and the State of Connecticut.

Verified trauma centers must meet the essential criteria that ensure trauma care capability and the highest level of institutional performance, as outlined by the ACS COT in its current manual, *Resources for Optimal Care of the Injured Patient*.

"Becoming a Level III Trauma Center is not only a testament to the outstanding and innovative work done at Greenwich Hospital, but a valuable resource for the community," said Athanassios Petrotos, MD medical director of Trauma. "With this new status we can now better accommodate local trauma patients who would otherwise have to travel further distances to be treated. It's going to be extremely beneficial for both our staff and patients."

There are three levels of ACS trauma center verification, each defined by specific standards that speak to the important roles of the center in serving its community. The ACS Trauma Verification, Review, and Consultation (VRC) Program helps hospitals to evaluate and improve their trauma care. It provides an objective, external review of a trauma center's resources and performance. Patients cared for in ACS-verified trauma centers have a lower risk of death and improved quality of life compared with patients in non-verified centers.

# Celebrate GH's newly designated Level III Trauma Center

All are invited to GH's Bennett Community Garden on Sunday, June 23 from noon – 3 pm to celebrate GH's newly designated Level III Trauma Center. Leaders will share information on what the certification means for the hospital, patients and community. Also, enjoy several planned educational and interactive exhibits including:

- Ambulance tours by Greenwich EMS
- Fire truck tours by Greenwich Fire Department
- Not One More: Try on virtual goggles that simulate intoxication
- Learn about Stop the Bleed® program
- CT State Police: Seat Belt Convincer demonstration
- Preventing falls and improving balance
- Bike safety: Learn about helmets and register to win one
- Infant and child car safety: Learn how to properly install a car seat and more

The event is free and open to the public. RAVP recommended at greenwichhospital.org/events or 888-357-2396.

# Nidhi Y. Shah, MD, named Physician Partner-in-Care



Greenwich Hospital recently hosted its annual Nurse's Day celebration, recognizing the achievements of the hospital's staff members who exemplify what it means to go above and beyond to serve their patients, help their coworkers and better the community.

The Physician Partner-in-Care Award, recognizing a Greenwich Hospital physician who promotes excellence in hospital practice, staff and patient interaction, teaching and leadership, went to Nidhi Y. Shah, MD.

Dr. Shah was chosen to be Greenwich Hospital's lead hospitalist for Quality shortly after arriving in 2021, and in August of 2022, she became the chair of the multidisciplinary Professional Practice Evaluation Committee (PPEC). She is credited with transforming this committee's scope and impact, as well as the agent committees that report to PPEC throughout the year.

Please recognize the additional outstanding GH physicians nominated for this recognition:

Renee Baranin, MD
Dewyne Campbell, MD
Christopher Howes, MD Neda
Khaghan, MD
Kirsten Lawrence, MD
Modestus Lee, MD
Kisha Mitchell-Richards, MD
James Pallett, MD

Karen Rummel, DO Alice Rusk, MD Erez Salik, MD Karen Santucci, MD Natalya Teslya, MD Michael White, MD Seth Woolf, MD

Congratulations!

# Inpatient Diabetes Care: Achieving glycemic targets during admission

Glycemic management of inpatients with diabetes can be challenging. During admission, oral diabetes medications are generally held and insulin is prescribed. The target blood glucose range for most adults (non-MSICU) is 100-140 mg/dL fasting and less than 180 mg/dL for a random or non-fasting test.

A number of tools are available to support the provider who is managing the patient's blood glucose. A system-wide Epic optimization for ordering insulin became available earlier

this year. The Insulin SUBCUTANEOUS for diabetes and hyperglycemia order panel provides a list of eight order selections delineated for patients who are eating, those who are NPO, those on tube feeds, etc. When the desired order is chosen, the type of insulin (such as basal, mealtime, correction) can be ordered with guidance on dose estimation.

For patients with diabetes who are eating, improved glycemic control can be achieved better when mealtime insulin is ordered in conjunction with basal and correction insulin. Correction insulin as the sole treatment generally leads to high pre-prandial blood glucose. Subsequent correction of the high pre-prandial blood glucose can set the stage for hypoglycemia. The Basal-Bolus-Correction (BBC) insulin order is the preferred treatment regimen for patients not meeting glycemic targets.

In addition to insulin dosing guidelines embedded in the order panel, the Epic Glucose Monitoring trend graph allows for rapid assessment of glycemic control with a view of lab and point of care glucose results as well as prescribed medications (i.e., insulin, oral diabetes medications, steroids) that impact glycemic management. Insulin titration guidance can also be accessed in the Inpatient Diabetes and Hyperglycemia Care Signature Pathway.

The Greenwich Hospital Diabetes Excellence in Care Program has been monitoring use of the BBC insulin order use for patients who are eating and have at least two blood glucose results greater than 180 mg/dL. The FYTD24 average for including the mealtime ("bolus") insulin order is about 34 percent (n=314).

Our Diabetes Core Team is asking for help in identifying barriers to placing the mealtime ("bolus") insulin order for patients during admission. Below is a link and QR code for

a very brief survey (taking less than one minute to complete) that will help inform strategies to improve this metric and ultimately support glycemic management during admission.



https://keysurvey.ynhh.org/f/41655068/2922/

The GH Diabetes Core Team appreciates all the care and support you give to our patients with diabetes during hospital admissions. If you have any questions, please contact Yi-Hao Yu, MD, PhD, medical director at Yihao. Yu@greenwichhospital.org or Nancy Ryan, MS, RD, CDCES (Certified Diabetes Care and Education Specialist), inpatient diabetes coordinator at nancy.ryan@greenwichhospital.org.

# Know Your Numbers Plus 2024 underway

Yale New Haven Health's 2024 Know Your Numbers (KYN) Plus program is currently underway. The wellbeing incentive program allows benefits-eligible employees, including employed physicians, the opportunity to earn up to \$500 toward their 2025 YNHHS Medical Plan premium. Additionally, the program can provide key insights into an employee's current health status and future risks, and consists of a Biometric Screening, Online Health Assessment and personal choice activities.

Biometric screenings measure blood pressure, cholesterol, height, weight and body mass index, while the health assessment is a questionnaire that evaluates an individual's health status, risks and habits. Employees must complete both a Biometric Screening and an Online Health Assessment to earn any premium incentive, and the two activities will earn \$300 toward the \$500 maximum premium credit.

Employees can earn up to \$200 in additional credit (towards the maximum \$500 credit) by completing other Personal Choice Activities.

To earn credit, employees must first register on the Virgin Pulse platform. To enroll in Virgin Pulse, go to the website at join.virginpulse.com/ynhhs. If already enrolled, log in to Virgin Pulse through THRIVE on the intranet, or through Infor, under Employee Programs.

Onsite biometric screenings are available at all delivery networks through early August. Schedule appointments for a biometric screening on the Virgin Pulse portal or have a screening as part of a preventative care visit with your PCP or Ob/Gyn, or at a participating CVS Pharmacy. The Online Health Assessment is also located in the Virgin Pulse portal.

### Helpful Tips, Tools and Reminders

from Patti Y. and Lisa M.

#### Medical Staff credentialing changes

For any medical staff changes including change of address, license updates, leave of absence from the medical staff or if you need to resign your privileges, please contact Patti Yacavone, medical staff site coordinator in the Medical Staff Administration Office at patti.yacavone@greenwichhospital.org or at 203-863-3912.

#### **Perioperative Optimization Project**

As of Jan. 29, 2024, medical clearances and consents are now required at least 48 hours prior to a procedure, but the earlier the better (up to a month before)!

#### ID Badges/Access/Applications

- Update your Photo ID Badge new photograph needed, category status updated, lost badge that needs to be replaced
- Haiku get access to Epic on your cell phone!! If you don't have this yet but would like to receive the directions for "how to install this"
- Need Mobile Heartbeat? If you would like to use
   Mobile Heartbeat to communicate with your
   healthcare team, get the Mobile Heartbeat app
   installed on your cell phone. Mobile Heartbeat
   provides reliable, secure, and functional VoIP calling,
   texting, and broadcasts and allows for escalations of
   critical notifications to team members. This enables
   clinical and non-clinical staff to collaborate on patient
   care from this interface.

For these and other changes to your ID badges and for access to applications, contact Lisa Miceli, physician liaison, at 203-863-3906 or lisa.miceli@greenwichhospital.org.

# Library Services resources for staff – OVID Medline

The library at Greenwich Hospital provides access to outstanding health information resources and services that support education, research and patient care. The hospital libraries promote the Yale New Haven Health care signature initiative by fostering an atmosphere of innovation, collaboration, cooperation and life-long learning in support of an academic health network.

#### **OVID** Medline

Ovid Medline offers easy access to a diverse collection of high-quality clinical journals. Published content focuses on promoting the best current research. The OVID platform is easy to use and ensures users have an efficient and productive research experience.

Library staff can assist in locating the specific resource to meet your needs. Contact: Donna Belcinski, MLS, MS at 203-863-3293.

# Digestive Health Virtual CME Series 2024: Trust Your Gut – June 20

Yale Medicine and Yale New Haven Health host free, monthly virtual Digestive Health CME series, called Trust Your Gut. The year-long series is held the third Thursday of each month at 5 pm throughout 2024.

The series provides digestive health educational programming, professional development and networking opportunities for physicians and advanced practice providers.

On June 20, presenters Michelle Hughes, MD, and Jeffrey Topal, MD, will share updates on C. diff. Yale School of Medicine designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credits™ per session, a total of 12.0 AMA PRA Category 1 Credits™ for the series.

To register, visit the Yale CME portal at yale.cloud-cme. com. For questions, contact Joseph Mendes, executive director, clinical program development, Digestive Health at Joseph.Mendes@ynhh.org.

### **Newsletter Submissions**

Deadline to submit content for the July 2024 issue of *Medical Staff News* is Friday, June 28, 2024. Please submit items for consideration to Karen Santucci, MD, at karen.santucci@greenwichhospital.org or Myra Stanley at myra.stanley@ynhh.org.

### **MEDICAL STAFF CHANGES (May 2024)**

#### **Appointees**



Tommaso Addona, MD (Surgery-Plastics) Long Island Plastic Surgery Group/Trumbull/ Park Avenue Medical Center 5520 Park Ave. Trumbull, CT 06611

Phone: 203-378-4230 Fax: 516-472-4716



Gary Bernardini, MD (Medicine-Neurology) YM-Neurology Greenwich Hospital 5 Perryridge Road Greenwich, CT 06830

Phone: 203-863-3000 pager #4004



Shenider Dufort, CNM (Obstetrics & Gynecology) Northeast Medical Group 1281 E. Main St. Stamford, CT 06902 Phone: 203-658-1000 Fax: 203-658-1001



Amna Hilal, MD (Pediatrics) Riverside Pediatrics 1171 E. Putnam Ave. Suite 2B Riverside, CT 06878 Phone: 203-629-5800 Fax: 203-629-7960



Margaret Pisani, MD (Medicine-Pulmonary Medicine) Greenwich Hospital – Coverage for MSICU 5 Perryridge Road Greenwich, CT 06830 Phone: 203-863-3533



Yale Medicine Surgery 5 Perryridge Road Suite 2-3200 Greenwich, CT 06830 Phone: 203-863-4300 Fax: 203-863-4310

Jerome D. Taylor, MD

(Surgery)

### **Resignations/Non-Renewal of Privileges:**

Ryan Hebert, MD (Surgery-Neurosurgery) effective 5/31/24 Peter Liu, MD (Medicine) effective 6/2/24 Stephanie Murano, APRN (Medicine-Heme/Onc) effective 1/11/24

### **Staff Changes Active to Honorary:**

David Evans, MD (Radiology) effective 5/4/24 Stephen Salzer, MD (Surgery-Otolaryngology) effective 8/2/2024